

Periodontal Debridement

Congratulations! You have completed your first appointment for the treatment of periodontal disease. We hope it was less traumatic than expected. The following medications are prescribed as an adjunct to your office visits.

1. Advil/ Tylenol- are for pain control. You may have been given 2 tablets. Advil and 1 tablet Tylenol as well as 1 tablet Dexamethasone (4 mg-is a low dose steroid). This combination of medications will reduce swelling after this treatment is performed.
2. Minor soreness is expected. To help relieve this minor soreness please rinse with warm salt water rinses as needed. (1/2 teaspoon salt: 4 oz. if warm water).
3. Perioguard- is a prescription mouthwash that has been proven to significantly reduce inflammation and bleeding. This mouth rinse may also cause temporary staining but it will only stain those areas that the plaque is not being removed thoroughly. It is imperative to be thorough in your home care. Use as instructed.
4. Periostat Rx- is a prescription antibiotic that may be given to you today. It is important to take this as directed. Discontinuing this prematurely will be a waste of your time and money. The medication does not begin to work until the third month of use.
5. Arestin- is a topical prescription injection placed at the localized infection site. After thoroughly scaling an infected periodontal pocket, this may be indicated to enhance healing. You will be instructed to avoid flossing, using water pik or an interproximal brushing in this area.

To improve the circulation for healing, a warm saline solution would be soothing to the gum tissue. Rinse every two hours after eating and brushing, and before bedtime forcing the solution between the teeth. Be aware that sensitivity to cold foods and drinks is normal and should subside within a few weeks.

Good oral hygiene is essential for a lifetime of oral health. Although good oral hygiene will keep calculus formation to a minimum, it will not completely prevent its formation. Only continuing care consisting of professional cleanings and maintenance at the dental office will keep periodontal disease under control. Unfortunately, periodontal disease can never be cured, only controlled. Regular 3-months dental visits are vital in controlling and preventing future infection.

You have prescribed and given PERIOGUARD Oral Rinse (Chlorhexidine Gluconate Oral Rinse 0.12%)

USES: This medicine is used to treat redness and inflammation of the gums and/or used for other conditions as determined by your Dentist. This medicine is a time-released medicine and will continue to work for up to 12 hours.

HOW TO USE THIS MEDICINE: Follow the directions for using this medicine provided by your dental hygienist or dentist. This medicine comes with a patient information leaflet. Read it carefully. Ask Dr. Mader or your Pharmacist any questions that you may have about this medicine.

Rinse 15 ml or half capful for 30 seconds two times a day after brushing and flossing of teeth. Expectorate after rinsing. This half capful may also be poured into water pik with warm water to be used to your irrigator. DO NOT RINSE with water or eat/drink anything after use for 30 minutes.

DO NOT SWALLOW this medicine. If you miss a dose of this medicine, use it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

CAUTIONS: This medicine may stain your teeth. Do not worry it is not a permanent stain and will be removed by your dental hygienist. It is staining the bacteria you are missing as you are brushing so continue doing your best plaque removal.

If you are pregnant or nursing please- DO NOT USE.

A possible side effect is loss in taste and is only temporary during use of this medicine. Please do not hesitate contacting our office with any further questions 574.271.9000.